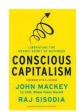


# Books & Recordings That Inspire Personal and Professional Growth

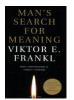


### John Mackey

Conscious Capitalism: Liberating the Heroic Spirit of Business

In this book, John Mackey, co-founder of Whole Foods Market, and Raj Sisodia, professor and co-founder of Conscious Capitalism, Inc., argue for the inherent good of both business and capitalism. Featuring some of today's best-known companies, they illustrate how these two

forces can—and do—work most powerfully to create value for all stakeholders, including customers, employees, suppliers, investors, society, and the environment. Read More



#### Viktor Frankl

Man's Search for Meaning

Psychiatrist Viktor Frankl's memoir has riveted generations of readers with its descriptions of life in Nazi death camps and its lessons for spiritual survival. Between 1942 and 1945, Frankl labored in four different camps, including Auschwitz, while his parents, brother, and pregnant wife

perished. His account is based on his own experiences and the experiences of others he treated later in his practice. Read More

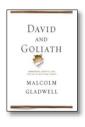


### **Sheryl Sandberg**

Lean In: Women, Work and the Will to Lead

Thirty years after American women began graduating from college at the same rate as their male counterparts, men still hold the vast majority of leadership positions in government and industry. This means women's voices are still not heard equally in the decisions that most affect our lives. In *Lean In*, Sheryl Sandberg examines why women's progress in achieving leadership

roles has stalled, explains the root causes, and offers compelling, commonsense solutions that can empower women to achieve their full potential. <u>Read More</u>



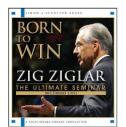
#### **Malcolm Gladwell**

David and Goliath: Underdogs, Misfits, and the Art of Battling Giants

Three thousand years ago, on a battlefield in ancient Palestine, a shepherd boy felled a mighty warrior with nothing more than a stone and a sling. Ever since then, the names David and Goliath have stood for battles between underdogs and giants. David's victory was improbable and miraculous. He *shouldn't* have won. Or should he? Read more



# Books & Recordings That Inspire Personal and Professional Growth

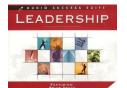


# Zig Ziglar

### Born To Win: The Ultimate Seminar

For more than 50 years, in a style that is unquestionably his own, the late (but great) Zig Ziglar used his quick wit, down-home charm, and abundance of energy to inspire excellence in people throughout the world. In *Born to Win*, Zig's nonstop passion inspires

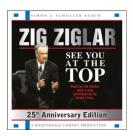
and informs as he speaks to you as if you're sitting front-row center in his sold-out seminar. Read more



### **Leadership Success Seminar**

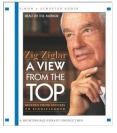
Ever wish you could take time out of your hectic business schedule to attend the in-person seminars led by the nation's top leadership gurus and motivational speakers? With *Leadership* on audio CD, you'll have dynamic access to four of today's most influential success coaches – the ones in demand by Fortune 500 companies – any time you want!

Whether you're in the car, out for a run, or unwinding at home, if you can play a CD, *Leadership* can provide practical steps to power up your influence in all areas of the workplace and beyond. Read more



### See You at the Top

Twenty-five years ago, the great Zig Ziglar presented a seminar that stunned audiences, broke new ground, and forever cemented his reputation as one of the most exciting, inspiring, and authentic motivators ever to take the stage. Since then, millions of people have forged a path to tremendous personal, professional, and financial success using the principles presented in this seminar as their guide. Read more



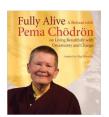
#### A View from the Top

Zig Ziglar dedicated his life to teaching people the art of successful living. However, he discovered that "being successful" is only part of life's challenge. Success is very often a short-lived high. People arrive at the goal line in life, look into the end zone, and discover that it contains many of the things that money will buy, but very little of what money won't buy. Zig believes that while success is worth it, it is not enough. The next step is to move

from success into significance. Read more



# Books & Recordings That Inspire Personal and Professional Growth



# **Pema Chodron**

<u>Fully Alive: A Retreat with Pema Chodron on Living Beautifully with</u> Uncertainty and Change

We live in difficult times. Life sometimes seems like a roiling, turbulent river threatening to drown us. Why, in the face of that, shouldn't we cling for safety to the certainty of the shore

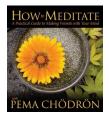
– to our comfortably familiar patterns and habits? Because as Pema Chödrön teaches us, that kind of fear-based clinging leads only to even greater suffering. Read more



### **Unconditional Confidence**

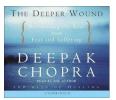
Pema Chödrön is one of today's leading meditation teachers. With more than 1 million books sold to date, she draws sold-out crowds across the U.S. and Canada. In *Unconditional Confidence*, she offers two accessible sessions to help anyone find courage in times of

challenge and change. Read more



# How to Meditate with Pema Chodron: A Practical Guide to Making Friends with Your Mind

When it comes to meditation, Pema Chödrön is widely regarded as one of the world's foremost instructors. Yet most of her books and teaching programs have focused on the benefits and challenges of a well-established practice . . . until now. Read more



## **Deepak Chopra**

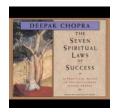
The Deeper Wound: Recovering the Soul from Fear and Suffering

The author of *How to Know God* provides help for healing deep trauma – whenever it arises – so that we may find peace in ourselves and in our world. Terror came from the

sky on September 11, 2001, defining tragedy for a generation. Afterward the world would never be the same. Read more

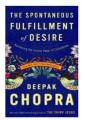


# Books & Recordings That Inspire Personal and Professional Growth



### The Seven Spiritual Laws of Success

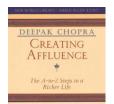
The creation of wealth has always been regarded as a process that requires hard work and luck – often at the expense of others. In this remarkable book, the author of *Quantum Healing* and other bestsellers reveals how to align with the subtle, yet powerful, unseen forces that affect the flow of money in our lives. Read more



# <u>The Spontaneous Fulfillment of Desire: Harnessing the Infinite Power of Coincidence</u>

As elegant as his bestselling *How to Know God* and as practical as his phenomenal *The Seven Spiritual Laws of Success*, this groundbreaking new book from Deepak Chopra contains a dramatic premise: Not only are everyday coincidences meaningful; they actually provide us

with glimpses of the field of infinite possibilities that lies at the heart of all things. By gaining access to this wellspring of creation, we can literally rewrite our destinies in any way we wish. Read more



### **Creating Affluence**

In this remarkable book lies the secret to creating affluence. Here you will discover that you are the dancer and the dance, the creator and the creation, and unlimited wealth is yours merely for the asking. With clear and simple wisdom, Deepak Chopra explores the full meaning of wealth consciousness and presents a step-by-step plan for creating affluence

and fulfillment on all levels of our lives. Read more



# The Secret of Love: Meditations for Attracting and Being in Love

In this collection of guided meditations, Deepak recites eight intimate and powerful sutra passages on themes like Attraction, Intimacy, and Passion, as well as two never-before recorded Rumi poems. These recordings are underscored with sensual and dynamic music

composed and performed by Adam Plack, Deepak's collaborator on such albums as A Gift Of Love: The Love Poems of Rumi, The Soul Of Healing Meditations, and Chakra Balancing: Body, Mind and Soul. Read more



# Books & Recordings That Inspire Personal and Professional Growth

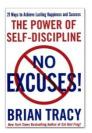


### **Brian Tracy**

Maximum Achievement: Strategies and Skills That Will Unlock Your Hidden Powers to Succeed

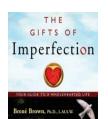
Brian Tracy is one of the world's leading authorities on success and personal achievement, addressing more than 100,000 men and women each year in public and private seminars. In *Maximum Achievement*, he gives you a powerful, proven system (based on 25 years of

research and practice) that you can apply immediately to get better results in every area of your life. Read more



## No Excuses!: The Power of Self-Discipline

Most people think success comes from good luck or enormous talent, but many successful people achieve their accomplishments in a simpler way – through self-discipline. *No Excuses!* shows you how to achieve success in all three major areas of your life, including your personal goals, business and money goals, and overall happiness. <u>Read more</u>



#### **Brene Brown**

The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are

Each day we face a barrage of images and messages from society and the media telling us who, what, and how we should be. In *The Gifts of Imperfection*, Brené Brown, a leading

expert on shame, authenticity, and belonging, shares 10 guideposts on the power of Wholehearted living – a way of engaging with the world from a place of worthiness. Read more



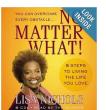
<u>Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We</u> <u>Live, Love, Parent, and Lead</u>

Every day we experience the uncertainty, risks, and emotional exposure that define what it means to be vulnerable, or to dare greatly. Whether the arena is a new relationship, an important meeting, our creative process, or a difficult family conversation, we must find the

courage to walk into vulnerability and engage with our whole hearts. Read More



# Books & Recordings That Inspire Personal and Professional Growth

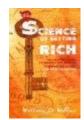


#### **Lisa Nichols**

No Matter What!: 9 Steps to Living the Life You Love

There's no diet, no push-ups, no treadmill. But Lisa Nichols has got a plan that will move you, flex your "bounce-back" muscles, and empower you to realize your dreams, *no matter what*. Her message is one of resiliency: You can get the life you deserve and realize your

dreams. Read more



#### Wallace D. Wattles

Precursor to "The Secret:" The Science of Getting Rich 1912

The Science of Getting Rich is the original and best guide to manifesting wealth through the Law of Attraction. First published in 1910, The Science of Getting Rich was a major inspiration for Rhonda Byrne's bestselling book The Secret. According to USA Today, the text is "divided into

17 short, straight-to-the-point chapters that explain how to overcome mental barriers, and how creation, not competition, is the hidden key to wealth attraction." Read more



### **Rhonda Byrne**

### The Secret

In this book, you'll learn how to use *The Secret* in every aspect of your life -- money, health, relationships, happiness, and every interaction you have in the world. You'll begin to understand the hidden, untapped power that's within you – a revelation that can bring joy to every aspect of your life. Read more



# The Secret: Teachers Recorded Live

From the groundbreaking feature-length movies comes *The Secret: Teachers Recorded Live*, featuring more than five hours of live recordings from the world-renowned motivational speakers featured in *The Secret*. Now you can take lessons learned from *The Secret* to the next level with hours of practical information recorded at sold-out seminars.

Read more



# Books & Recordings That Inspire Personal and Professional Growth



#### **Bob Proctor**

<u>Spiritual Marketing: A Proven 5-Step Formula for Easily Creating Wealth from</u> the Inside Out

Bob Proctor never wanted to publish this book or make it available to a wide audience. He was scared. He wrote this book for one person: His sister, Bonnie, who had three kids, was

unemployed, and on welfare. It hurt him to see her suffer. He knew her life could be different if she knew the five step process he developed for creating whatever she wanted. He wrote this material for her, and only for her, in 1997. Read more

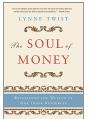


### **Jack Canfield**

Maximum Confidence: Ten Secrets of Extreme Self-Esteem

Jack Canfield is an internationally-known expert in the areas of self-esteem, peak performance, and the psychology of achievement. His insights in *The Secret* have helped millions discover the awesome power of the Law of Attraction. Now, in *Maximum Confidence*, Jack Canfield helps

you to develop winning habits that will pay off every day. Read more



### Lynne T wist

The Soul of Money: Reclaiming the Wealth of Our Inner Resources (Paperback)
The Soul of Money: Reclaiming the Wealth of Our Inner Resources
(Audiobook CD – Audiobook)

Lynne Twist, a global activist and fundraiser, has raised more than \$150 million for charitable causes. Through personal stories and practical advice, she demonstrates how we can replace feelings of scarcity, guilt, and burden with experiences of sufficiency, freedom, and purpose. In this Nautilus Award-winning book, Twist shares from her own life, a journey illuminated by remarkable encounters with the richest and poorest, from the famous (Mother Teresa and the Dalai Lama) to the anonymous but unforgettable heroes of everyday life.

Read more



### Michael A. Singer

The Untethered Soul: The Journey Beyond Yourself

What would it be like to free yourself from limitations and soar beyond your boundaries? What can you do each day to discover inner peace and serenity? *The Untethered Soul*—now a *New York Times* bestseller—offers simple yet profound answers to these questions. <u>Read More</u>



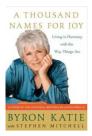
# Books & Recordings That Inspire Personal and Professional Growth



### **Byron Katie**

Loving What Is: Four Questions That Can Change Your Life

Out of nowhere, like a breeze in a marketplace crowded with advice, comes Byron Katie and "The Work." In the midst of a normal life, Katie became increasingly depressed, and over a tenyear period sank further into rage, despair, and thoughts of suicide. Read More



### A Thousand Names for Joy: Living in Harmony with the Way Things Are

In her first two books, Loving What Is and I Need Your Love—Is That True? Byron Katie showed how suffering can be ended by questioning the stressful thoughts that create it. Now, in A Thousand Names for Joy, she encourages us to discover the freedom that lives on the other side of inquiry. Read More



### **Gary Keller**

The ONE Thing: The Surprisingly Simple Truth Behind Extraordinary Results

The ONE Thing was chosen one of the Top 5 Business Books of 2013 by Hudson's Booksellers and one of Top 30 Business Books of 2013 by Executive Book Summaries. People are using this simple, powerful concept to avoid overwhelming distractions in their personal and work lives so

they can focus on what matters most. Companies are helping their employees be more productive with study groups, training, and coaching. Read More



### Marc Ecko

Unlabel: Selling You Without Selling Out

As instructive as it is innovative, *Unlabel* will empower you to channel your creativity, find the courage to defy convention, and summon the confidence to act and compete in any environment.

This visual blueprint will teach you how to grow both creatively and commercially by testing your personal brand against the principles of the Authenticity Formula. Read More